



**Healthy Children  
Learn Better**

## School Health Services Self-Medicating and/or Self-Monitoring Parent/Guardian

When completing this form, draw an "X" through any sections that do not apply. (Example: If the student will not be self-monitoring, draw an "X" through the self-monitoring section.) A new application for self-medicating and/or self-monitoring must be completed each school year. Permission from the student's health care provider is required for self-administration of medications and/or self-monitoring. An approved individual health care plan is also required. Students are not permitted to self-administer medications that are controlled substances.

Student's Name \_\_\_\_\_

Date of Birth \_\_\_\_\_

Name of District \_\_\_\_\_

Grade \_\_\_\_\_

Homeroom Teacher \_\_\_\_\_

List the medication(s) that may be self-administered.

List monitoring device(s) that your child may use during the school day.

Please read and initial each statement below if you agree. All are required in order for your child to self-administer medications at school.

Please read and initial each statement below if you agree. All are required in order for your child to self-monitor at school.

I authorize my child to possess and self-administer the medication(s) noted above as prescribed while in the classroom and in any area of the school or school grounds, at any school-sponsored activity, in transit to and from school or school-sponsored activities, and during before-school or after-school activities on school-operated property. \_\_\_\_\_

I authorize my child to possess and self-monitor with the device(s) noted above while in the classroom and in any area of the school or school grounds, at any school-sponsored activity, in transit to and from school or school-sponsored activities, and during before-school or after-school activities on school-operated property. \_\_\_\_\_

My child has been instructed about the proper use of the medication(s) noted above. \_\_\_\_\_

My child has been instructed about the proper use of the monitoring device(s) noted above. \_\_\_\_\_

My child has shown me that he or she can safely self-administer the medication(s) noted above. \_\_\_\_\_

My child has shown me that he or she can safely use the monitoring device(s) noted above. \_\_\_\_\_

My child and I will be responsible for the proper use and safe-keeping of the medication. \_\_\_\_\_

My child and I will be responsible for the proper use and safe-keeping of the monitoring device(s). \_\_\_\_\_

I will not hold the school district or any of its employees or agents liable if an injury occurs related to my child self-medicating. I will be responsible for any costs related to any claims that occur related to my child self-medicating. \_\_\_\_\_

I will not hold the school district or any of its employees or agents liable if an injury occurs related to my child self-monitoring. I will be responsible for any costs related to any claims that occur related to my child self-monitoring. \_\_\_\_\_

I understand that my child will lose the privilege to self-medicate if he or she endangers him- or herself or another student by misusing the medication(s). \_\_\_\_\_

I understand that my child will lose the privilege to self-monitor if he or she endangers himself or another student by misusing the monitoring device(s). \_\_\_\_\_

I understand that my child may only self-administer the medication(s) noted above. All other medications must be given to my child by a school employee. \_\_\_\_\_

I understand that my child may only self-monitor with the device(s) noted above. All other devices must be used with the assistance of a school employee. \_\_\_\_\_

I understand that my child must keep his or her medications in the container provided by the pharmacist or my child's health care practitioner. The container must have my child's name, the name and dosage of the medication, and the directions for proper use on it. \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_

Date \_\_\_\_\_